Pack: 12/2lb SKU: **10071179004349** 



### **Nutrition**

Serving Size: 2.94 oz.

Calories: 25

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	4g	1%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.4mg	2%
Potassium	170mg	4%
Vitamin A	20mcg	2%
Vitamin C	42mg	45%

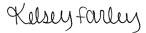
The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

### Ingredients

BROCCOLI.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:



Kelsey Farley Regulatory Manager 01/17/2024

# **USDA National Child Nutrition Program Product Specification Sheet**

Serving Information			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	<b>Equivalent Servings Per Case</b>
2.94 oz.	½ cup cooked, drained vegetable	10.88	130.61

Product Formulation Credits					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Spears	Dark Green	2.94	Χ	10.90 / 16	2.00

Each 2.94 ounce serving of the product above contains 1/2 cup Dark Green vegetable.

#### VEGETABLE / BROCCOLI, FROZEN: Packed to U.S. Grade A Standards\*.

\*Simplot internal grading program, modeled after USDA standards.

### **Product Specification**

Country of Origin	Product of Mexico
Meets Buy American Provision Exception Letter Available	N
Smart Snacks Compliant	Υ
Halal	N
Kosher	N
Vegan	Υ
Vegetarian	Υ
Zero Grams Trans Fat	Υ
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

#### Benefits

- Hand-cut and trimmed for uniform size and farmfresh plate appeal
- Compare to raw trim loss of 25-35%
- No tough, fibrous material
- Consistent year-round quality and pricing

## **Shipping Information**

Gross Weight	26lb
Net Weight	24lb
Length	18.375 in
Width	10.75 in
Height	9.25 in
Case Cube	1.057
Tie High	9X8
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

## **Serving Suggestions**

Manage food costs and enjoy the flavors of fresh all year long. Make your own signature blends with fresh ingredients or simply toss with seasonings and sauces for a flavorful side.

### **Preparation Instructions For Food Safety And Quality**

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 4 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 15 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2.

Add 1/4 cup of water and cover. 3. Cook on HIGH for 14 minutes, stirring halfway through cook time.

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