



Simplot Simple Goodness™  
**Broccoli Florets, Wet Pack**  
 Pack: 12/2lb  
 SKU: 10071179004356

## USDA National Child Nutrition Program Product Specification Sheet

### Nutrition

Serving Size: 2.29 oz.

Calories: 20

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrates	3g	1%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	130mg	2%
Vitamin A	0mcg	0%
Vitamin C	33mg	35%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

### Ingredients

BROCCOLI.

**For questions, please contact the Bid Department at (800) 572-7783.**

I certify that the information provided is true and correct:

*Kelsey Farley*

Kelsey Farley  
 Regulatory Manager

02/07/2024

### Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.29 oz.	½ cup cooked vegetable	13.97	167.68

### Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Florets, Trimmed Includes USDA Foods, No salt added	Dark Green	2.29	X	14.00 / 16	2.00

**Each 2.29 ounce serving of the product above contains 1/2 cup Dark Green vegetable.**

**VEGETABLE / BROCCOLI, FROZEN: Packed to U.S. Grade A Standards\*.**

\*Simplot internal grading program, modeled after USDA standards.

### Product Specification

Country of Origin	Product of Mexico
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

### Benefits

- Hand-cut and trimmed for uniform size and farm-fresh plate appeal
- Compare to raw trim loss of 25-35%
- No tough, fibrous material
- Consistent year-round quality and pricing

### Shipping Information

Gross Weight	26lb
Net Weight	24lb
Length	18.375 in
Width	10.75 in
Height	9.25 in
Case Cube	1.057
Tie High	9X8
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

### Serving Suggestions

Manage food costs and enjoy the flavors of fresh all year long. Make your own signature blends with fresh ingredients or simply toss with seasonings and sauces for a flavorful side.

### Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 4 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 6 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 15 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2.

Add 1/4 cup of water and cover. 3. Cook on HIGH for 16 minutes, stirring halfway through cook time.

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