



Simplot Harvest Fresh™ Avocados  
Avocado Pulp, Fresh  
Pack: 6/2lb  
SKU: 10071179012658

## USDA National Child Nutrition Program Product Specification Sheet

### Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.14 oz.	¼ cup raw, mashed vegetable	10.19	61.14

### Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes, Whole	Other	3.14	X	5.10 / 16	2.00

Each 3.14 ounce serving of the product above contains 1/4 cup Other vegetable.

### AVOCADO / CHILLED, PULP

#### Product Specification

Country of Origin	Product of Mexico
Meets Buy American Provision	N
Smart Snacks Compliant	N
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

#### Benefits

- It's fresh avocado, just faster—pure chunks of Hass avocado, fresh, never frozen
- Get consistent pricing, quality and availability all year
- Elevate your menu and check average
- Satisfy patrons looking for healthy options
- Vegan, Halal Certified, and Kosher

#### Shipping Information

Gross Weight	14lb
Net Weight	12lb
Length	15.875 in
Width	9.875 in
Height	3.875 in
Case Cube	.352
Tie High	12X8
Shelf Life	50 days
Storage Temp From/To	33°F / 39°F

### Nutrition

Serving Size: 3.14 oz.  
Calories: 180

	Amount per serving	% Daily Values
Total Fat	18g	23%
Saturated Fat	3g	15%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrates	6g	2%
Dietary Fiber	5g	18%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.9mg	6%
Potassium	500mg	10%
Vitamin A	30mcg	4%
Vitamin C	7mg	8%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

#### Ingredients

HASS AVOCADO.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley  
Regulatory Manager  
06/22/2022

### Serving Suggestions

Use to top nachos, fajitas, salads, and tacos. Spread on sandwiches for a southwestern flair. Added menu item profitability.

### Preparation Instructions For Food Safety And Quality

KEEP REFRIGERATED USE OR FREEZE BY EXPIRATION CODE DATE. PROMPTLY REFRIGERATE (LESS THAN 40°F) UNUSED PORTIONS. IF PREVIOUSLY FROZEN, USE PRODUCT WITHIN 2 DAYS FOR BEST QUALITY AND SAFETY.