



Nutrition

Serving Size: 2.78 oz.

Calories: 25

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	35mg	2%
Total Carbohydrates	5g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	160mg	4%
Vitamin A	0mcg	0%
Vitamin C	19mg	20%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

BROCCOLI, CAULIFLOWER, CARROTS, YELLOW CARROTS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 03/09/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.78 oz.	½ cup cooked, drained vegetable	17.26	138.12

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Florets, Trimmed Includes USDA Foods	Dark Green	0.8340	X	14.00 / 16	0.7297
Cauliflower, frozen	Other	0.6672	X	9.20 / 16	0.3836
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.6394	X	11.16 / 16	0.4459
Carrots, frozen Sliced, Includes USDA Foods	Other	0.6394	X	11.16 / 16	0.4459

Each 2.78 ounce serving of the product above contains 1/8 cup Dark Green vegetable and 3/8 cup Other/Additional vegetable.

VEGETABLE / BLEND, FROZEN: To be packed to U.S. Grade A Standards*. To contain 30% Broccoli, 24% Cauliflower, 23% Carrots and 23% Yellow Carrots.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA, Mexico, Belgium and/or Guatemala
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Farm-fresh broccoli, cauliflower, carrots and yellow carrots
- Culinary cuts and large florets
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing

Shipping Information

Gross Weight	25.5lb
Net Weight	24lb
Length	16 in
Width	13 in
Height	10.125 in
Case Cube	1.219
Tie High	9X8
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

This 4-way blend easily finds its way into soups, stews, and sides. Steam for a bright and colorful side dish or toss with pasta and cream sauce for vegetable primavera.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 10 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 7 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 1/4 cup of water and cover. 3. Cook on HIGH for 18 minutes, stirring halfway through cook time.