



Nutrition

Serving Size: 3.02 oz. (about 2/3 cup)

Calories: 90

	Amount per serving	% Daily Values
Total Fat	3g	4%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	10g	4%
Dietary Fiber	3g	11%
Total Sugars	5g	
Includes 0g Added Sugars		0%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	1mg	6%
Potassium	290mg	6%
Vitamin A	10mcg	2%
Vitamin C	10mg	10%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

SOYBEANS, CORN, RED BELL PEPPER.
CONTAINS: SOY.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Regulatory Manager
02/24/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.02 oz. (about 2/3 cup)	1/2 cup cooked vegetable	13.24	79.47

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Soy, fresh (Edamame) Shelled	Beans & Peas (Legumes)	1.5100	X	10.70 / 16	1.0098
Corn, frozen Whole Kernel, Includes USDA Foods	Starchy	1.3288	X	11.00 / 16	0.9136
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.1812	X	7.30 / 16	0.0827

Each 3.02 ounce serving of the product above contains 1/4 cup Beans & Peas (Legumes) or 1.00 oz. equivalent Meat Alternate, 1/8 cup Starchy vegetable, and 1/8 cup Additional vegetable.

VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards*. To contain 50% Shelled Edamame, 44% Corn, 6% Red Bell Pepper.

Product Specification

Country of Origin	Product of USA & China
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	Y
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	Y
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Succotash the new way, with edamame, corn and red peppers!
- All the flavor and colors of fresh
- Individually quick frozen for easy portioning and less waste
- Consistent year-round quality and pricing

Shipping Information

Gross Weight	16.25lb
Net Weight	15lb
Length	13.375 in
Width	9.625 in
Height	6.625 in
Case Cube	.494
Tie High	15X9
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

This eye-catching blend is ready for your vegan and vegetarian options. Perfect for signature sides, sautés, pastas and stir-fry. Add wild rice or barley to create a vegetarian entree. Toss with butter and fresh herbs for a succulent side dish. Cook, chill and serve atop salads or in a wrap.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO

REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 1/4 cup of water and cover. 3. Cook on HIGH for 18 minutes, stirring halfway through cook time.