



Simplot Harvest Fresh® Avocados
Avocado Halves, Frozen
 Pack: 12/2lb
 SKU: 10071179026938

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.93 oz.	¼ cup peeled, sliced, raw vegetable	10.92	131.05

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh California 48 count, Whole	Other	2.90	X	5.52 / 16	2.00

Each 2.93 ounce serving of the product above contains ¼ cup Other vegetable.

VEGETABLE / AVOCADO, FROZEN: Fully ripened, 100% Hass Avocado, Halves. Thaw and serve.

Nutrition

Serving Size: 2.93 oz.
 Calories: 180

	Amount per serving	% Daily Values
Total Fat	17g	22%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	140mg	6%
Total Carbohydrates	6g	2%
Dietary Fiber	5g	18%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.8mg	4%
Potassium	465mg	10%
Vitamin A	24mcg	2%
Vitamin C	6mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

HASS AVOCADO, SALT, ASCORBIC ACID (TO MAINTAIN NATURAL COLOR), CITRIC ACID.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 08/05/2022

Product Specification

Country of Origin	Product of Mexico
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	N
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Cut over 90 minutes of prep from your kitchen with every case
- Mexican Hass picked at the height of the season for rich, buttery flavor
- Eliminates waste—why pay for pits, peels and prep?
- Speed-scratch convenience—just thaw and serve
- Always ripe, always ready

Shipping Information

Gross Weight	26lb
Net Weight	24lb
Length	18.625 in
Width	10.625 in
Height	11.875 in
Case Cube	1.360
Tie High	9X8
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Slice, dice or mash these halves to create any dish you need! Great for salads, bowls, burger, sandwiches or being the base for your back of house guacamole!

Preparation Instructions For Food Safety And Quality

FOR BEST QUALITY, THAW UNOPENED BAG FOR 8-10 HOURS IN THE REFRIGERATOR (40°F) IN A SINGLE LAYER. ONCE THAWED, OPEN REFRIGERATED HALVES WITHIN 2 DAYS. BEST IF USED WITHIN 24 HOURS. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING AND STORE AT 40°F. ONCE THAWED, DO NOT REFREEZE.