



### Nutrition

Serving Size: 3.14 oz. Calories: 180

	Amount per serving	% Daily Values
Total Fat	18g	23%
Saturated Fat	3g	15%
Trans Fat	Og	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrates	6g	2%
Dietary Fiber	5g	18%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.9mg	6%
Potassium	500mg	10%
Vitamin A	30mcg	4%
Vitamin C	7mg	8%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

HASS AVOCADO.

# For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Forley

Kelsey Farley Regulatory Manager 06/22/2022



# **USDA National Child Nutrition Program Product Specification Sheet**

Serving Information						
Serving Size (as purchased)	Contribution	Equivalent	Equivalent Servings F	Per Bag	Equivalent Ser	vings Per Case
3.14 oz.	1/4 cup raw, mashed vegetable		10.19		81.52	
Product Formulation Credits						
Food Buying Guide Description of Creditable Ingredient	ı	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes, Whole		Other	3.14	Х	5.10 / 16	2.00

Each 3.14 ounce serving of the product above contains 1/4 cup Other vegetable.

AVOCADO / FROZEN PULP: Contains 100.00% avocado.

Country of Origin	Product of Mexico
Meets Buy American Provision	Ν
Smart Snacks Compliant	Y
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	Ν
Egg	Ν
Wheat	Ν
Soy	Ν
Sesame Seed	Ν
Peanuts	Ν
Tree Nuts	Ν
Fish	Ν

#### Benefits

- Get consistent pricing, quality and availability all year
- Elevate your menu and check average
- High-Pressure Processed (HPP) for food safety
- without preservatives
- Say goodbye to labor and waste
- Vegan, Halal Certified, and Kosher

## **Shipping Information**

Gross Weight	18lb
Net Weight	16lb
Length	14.125 in
Width	9.375 in
Height	7.75 in
Case Cube	.594
Tie High	12X8
Shelf Life	540 days
Storage Temp From/To	-10°F / 10°F

#### **Serving Suggestions**

Popular across all dayparts as a topping or ingredient in salads, flatbreads, desserts, smoothies, sandwiches, burgers, condiments, Mexican dishes, cocktails, infused waters and more. Use as a replacement for butter and mayo to add the "super food" goodness your health-conscious customers love.

Preparation Instructions For Food Safety And Quality

FOR BEST QUALITY, THAW UNOPENED TRAY FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN A SINGLE LAYER. ONCE THAWED, OPEN REFRIGERATED PULP WITHIN 2 DAYS. OPENED TRAY: KEEP SURFACE COVERED TO PREVENT BROWNING AND STORE AT 40°F. ONCE THAWED, DO NOT REFREEZE.