



Simplot Harvest Fresh™ Avocados
Chunky Avocado Pulp, Frozen
 Pack: 8/2lb
 SKU: 10071179032397

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.14 oz.	¼ cup raw, mashed vegetable	10.19	81.52

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes, Whole	Other	3.14	X	5.10 / 16	2.00

Each 3.14 ounce serving of the product above contains 1/4 cup Other vegetable.

AVOCADO / FROZEN PULP: Contains 100.00% avocado.

Nutrition

Serving Size: 3.14 oz.
 Calories: 180

	Amount per serving	% Daily Values
Total Fat	18g	23%
Saturated Fat	3g	15%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrates	6g	2%
Dietary Fiber	5g	18%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.9mg	6%
Potassium	500mg	10%
Vitamin A	30mcg	4%
Vitamin C	7mg	8%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

AVOCADO.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 06/22/2022

Product Specification

Country of Origin	Product of Mexico
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Get consistent pricing, quality and availability all year
- Elevate your menu and check average
- High-Pressure Processed (HPP) for food safety without preservatives
- Say goodbye to labor and waste
- Vegan, Halal Certified, and Kosher

Shipping Information

Gross Weight	18lb
Net Weight	16lb
Length	in
Width	in
Height	in
Case Cube	.000
Tie High	12X8
Shelf Life	540 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Popular across all dayparts as a topping or ingredient in salads, flatbreads, desserts, smoothies, sandwiches, burgers, condiments, Mexican dishes, cocktails, infused waters and more. Use as a replacement for butter and mayo to add the "super food" goodness your health-conscious customers love.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN. DO NOT THAW IN MICROWAVE.
 FOR BEST QUALITY, THAW UNOPENED TRAY FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN SINGLE LAYER. OPENED TRAY: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED PULP WITHIN 2 DAYS. ONCE THAWED, DO NOT REFREEZE.