



Simplot Simple Goodness™

Mango Cubes

Pack: 2/5lb

SKU: 10071179035084

Nutrition

Serving Size: 5.34 oz.

Calories: 110

	Amount per serving	% Daily Values
Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	26g	9%
Dietary Fiber	1g	4%
Total Sugars	23g	
Includes 0g Added Sugars		0%
Protein	0g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.4mg	2%
Potassium	250mg	6%
Vitamin A	0mcg	0%
Vitamin C	39mg	45%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

MANGO.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
Regulatory Manager

03/09/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
5.34 oz.	½ cup thawed, drained	14.98	29.96

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Mangoes, frozen Unsweetened, Cubed, IQF	Fruit	5.34	X	6.00 / 16	2.00

Each 5.34 ounce serving of the product above contains 1/2 cup Fruit.

FRUIT / MANGO, FROZEN: 10071179035084 Simplot Simple Goodness™ IQF Mango Cubes, 2/5 LB. 5/8" Mango Cubes.

Product Specification

Country of Origin	Product of Peru or Mexico
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- No sugar added, allows more serving options
- Easy prep—thaw and use just like raw product
- IQF pack for easy, convenient portioning without any waste

Shipping Information

Gross Weight	11.75lb
Net Weight	10lb
Length	11.375 in
Width	10.375 in
Height	6.625 in
Case Cube	.452
Tie High	19X10
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Trending ingredient in smoothies and cocktails. Great for desserts, breakfast items, salsas, salads and more. Versatile for breakfast, lunch or dinner applications.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE. IF THAWED, DO NOT REFREEZE.
THAW AND SERVE.