



Nutrition

Serving Size: 116 g (about 3/4 cup)

Calories: 150

	Amount per serving	% Daily Values
Total Fat	2.5g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	360mg	16%
Total Carbohydrates	29g	11%
Dietary Fiber	3g	11%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	4g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.8mg	4%
Potassium	190mg	4%
Vitamin A	0mcg	0%
Vitamin C	4mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

COOKED BROWN RICE, CORN, COOKED BLACK BEANS, TOMATO, POBLANO PEPPER, ONION, CONTAINS LESS THAN 2% OF DEHYDRATED CILANTRO, DEHYDRATED GARLIC AND ONION, LIME JUICE SOLIDS, MALTODEXTRIN, NATURAL FLAVORS, SALT, SPICES, SUGAR, VEGETABLE OIL (CANOLA OIL AND/OR SOYBEAN OIL).

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 01/18/2024

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
116 g (about 3/4 cup)	1 oz. equivalent Grains	9.77	58.67

Product Formulation Credits

Description of Creditable Grain Ingredient (dry weight)	Grams of Creditable Grain Ingredient per Serving (A)	Gram Standard of Creditable Grain per oz. equivalent (B)	Creditable Amount (A ÷ B)
Brown Rice	28.0575	28	1.0020
Total			1.0020

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Corn, frozen Whole Kernel, Includes USDA Foods	Starchy	0.57	X	11.00 / 16	0.39
Tomatoes, fresh Diced, Ready-to-use	Red/Orange	0.41	X	6.67 / 16	0.17
Peppers, Green Chilies, canned Chopped	Other	0.24	X	7.98 / 16	0.12
Beans, Black (Turtle Beans), dry Whole	Beans & Peas (Legumes)	0.20	X	18.30 / 16	0.23
Onions, Mature, frozen Chopped	Other	0.16	X	5.94 / 16	0.06

Each 116 g serving of the product above contains 1.00 oz. equivalent Grains and 1/8 cup Additional vegetable.

WHOLE GRAIN: Ancient grain; Meets whole grain-rich criteria, contains no non-creditable grains.

Product Specification

Country of Origin	Product of USA
Meets Buy American Provision	Y
Smart Snacks Compliant	N
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Vegan/vegetarian
- Consistent results—just heat and serve
- Serve hot or chill after cooking for cold applications
- A Latin-inspired blend featuring brown rice and black beans for a protein punch
- From pan to plate in less than 10 minutes

Shipping Information

Gross Weight	17lb
Net Weight	15lb
Length	13.375 in
Width	12 in
Height	7.125 in
Case Cube	.662
Tie High	12X9
Shelf Life	547 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Great for all dayparts. Serve as a breakfast burrito in the morning, an off-premise taco bowl for lunch, and as the base for shrimp fajitas for dinner. Brings color and texture to any application.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS TO ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF 160°F. PROMPTLY REFRIGERATE ANY UNUSED COOKED PORTION.

STOVE TOP Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 7 minutes, covered, stirring frequently.

MICROWAVE (1100 WATTS) Microwave half bag of frozen product, covered, on HIGH for 10 minutes. Stir halfway through cook time. Let stand for 1 minute. CAUTION: PRODUCT WILL BE HOT.

COMBI OVEN Preheat oven to 212°F and Steam at 100%. Pour 1 bag of frozen product on a 1/2 size food service baking sheet. Cover loosely with food service film, leaving approximately 1 inch lengthwise exposed on each side. Heat for 8 minutes.