

#### **Nutrition**

Serving Size: 116 g (about 3/4 cup)

Calories: 150

	Amount per serving	% Daily Values
Total Fat	2.5g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	360mg	16%
Total Carbohydrates	29g	11%
Dietary Fiber	3g	11%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	4g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.8mg	4%
Potassium	190mg	4%
Vitamin A	0mcg	0%
Vitamin C	4mg	4%

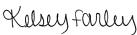
The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

# Ingredients

COOKED BROWN RICE, CORN, COOKED BLACK BEANS, TOMATO, POBLANO PEPPER, ONION, CONTAINS LESS THAN 2% OF DEHYDRATED CILANTRO, DEHYDRATED GARLIC AND ONION, IME JUICE SOLIDS, MALTODEXTRIN, NATURAL FLAVORS, SALT, SPICES, SUGAR, VEGETABLE OIL (CANOLA OIL AND/OR SOYBEAN OIL).

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:



Kelsey Farley Regulatory Manager 01/18/2024

# **USDA National Child Nutrition Program Product Specification Sheet**

Serving Information			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	<b>Equivalent Servings Per Case</b>
116 g (about 3/4 cup)	1 oz. equivalent Grains	9.77	58.67

Product Formulation Credits								
Description of Creditable Grain Ingredient (dry weight)		ms of Creditable Grain redient per Serving (A)		Gram Standard of Creditable Grain per oz. equivalent (B)			Creditable Amount (A ÷ B)	
Brown Rice		28.0575 28		28	3		1.0020	
Total 1.0020					1.0020			
Food Buying Guide Description of Creditable Ingredient		FBG Subgroup		Raw Portion of litable Ingredient	Multiply	FBG Yi	01017	Creditable Amt. (quarter cup)
Corn, frozen Whole Kernel, Includes Foods	USDA	Starchy		0.57	Х	11.0	0 / 16	0.39
Tomatoes, fresh Diced, Ready-to-us	e	Red/Orange		0.41	X	6.67	7/16	0.17
Peppers, Green Chilies, canned Cho	opped	Other		0.24	Х	7.98	3 / 16	0.12
Beans, Black (Turtle Beans), dry Wh	nole	Beans & Peas (Legumes)		0.20	Х	18.3	0 / 16	0.23
Onions, Mature, frozen Chopped		Other		0.16	Χ	5.94	1/16	0.06

Each 116 g serving of the product above contains 1.00 oz. equivalent Grains and 1/8 cup Additional vegetable.

WHOLE GRAIN: Ancient grain; Meets whole grain-rich criteria, contains no non-creditable grains.

# **Product Specification**

Country of Origin	Product of USA
Meets Buy American Provision	Υ
Smart Snacks Compliant	N
Halal	N
Kosher	N
Vegan	Υ
Vegetarian	Υ
Gluten Free	Υ
Zero Grams Trans Fat	Υ
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

#### Benefits

- Vegan/vegetarian
- Consistent results—just heat and serve
- Serve hot or chill after cooking for cold applications
  A Latin-inspired blend featuring brown rice and black beans for a protein punch
- From pan to plate in less than 10 minutes

#### **Shipping Information**

Gross Weight	17lb
Net Weight	15lb
Length	13.375 in
Width	12 in
Height	7.125 in
Case Cube	.662
Tie High	12X9
Shelf Life	547 days
Storage Temp From/To	-10°F / 10°F

### **Serving Suggestions**

Great for all dayparts. Serve as a breakfast burrito in the morning, an off-premise taco bowl for lunch, and as the base for shrimp fajitas for dinner. Brings color and texture to any application.

## **Preparation Instructions For Food Safety And Quality**

FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS TO ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF  $160^{\circ}$ F. PROMPTLY REFRIGERATE ANY UNUSED COOKED PORTION.

STOVE TOP Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 7 minutes, covered, stirring frequently.

MICROWAVE (1100 WATTS) Microwave half bag of frozen product, covered, on HIGH for 10 minutes. Stir halfway through cook time. Let stand for 1 minute. CAUTION: PRODUCT WILL BE HOT.

COMBI OVEN Preheat oven to 212°F and Steam at 100%. Pour 1 bag of frozen product on a 1/2 size food service baking sheet. Cover loosely with food service film, leaving approximately 1 inch lengthwise exposed on each side. Heat for 8 minutes.

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