



**USDA National Child Nutrition Program Product Specification Sheet**

**Nutrition**

Serving Size: 3.96 oz.

Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	4g	1%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.7mg	4%
Potassium	280mg	6%
Vitamin A	0mcg	0%
Vitamin C	13mg	15%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

**Ingredients**

ASPARAGUS CUTS AND TIPS.

**For questions, please contact the Bid Department at (800) 572-7783.**

I certify that the information provided is true and correct:

*Kelsey Farley*

Kelsey Farley  
Regulatory Manager  
02/24/2023

**Serving Information**

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.96 oz.	½ cup cooked vegetable	10.10	60.60

**Product Formulation Credits**

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Asparagus, frozen Cuts and Tips	Other	3.96	X	8.10 /16	2.00

**Each 3.96 ounce serving of the product above contains 1/2 cup Other vegetable.**

**VEGETABLE / ASPARAGUS, FROZEN: Packed to U.S. Grade A Standards\*.**

\*Simplot internal grading program, modeled after USDA standards.

**Product Specification**

Country of Origin	Product of Peru
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

**Benefits**

- Bright green and tender without fibrous stalks
- Saves on valuable time and labor
- Consistent year-round supply, quality and pricing
- 100% useable, no trim, loss or waste

**Shipping Information**

Gross Weight	17lb
Net Weight	15lb
Length	16.045 in
Width	10.805 in
Height	6.525 in
Case Cube	.655
Tie High	10X10
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

**Serving Suggestions**

Versatile ingredient for pasta, salads, grain bowls, quiche and more. A highly seasonal item, this ingredient allows you to enjoy the flavors of fresh all year long.

**Preparation Instructions For Food Safety And Quality**

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbsp of water and cover. 3. Cook on HIGH for 18 minutes, stirring halfway through cook time.

