



Simplot Simple Goodness™

Asparagus, Cuts & Tips

Pack: 6/2.5lb

SKU: 10071179160373

Nutrition

Serving Size: 3.96 oz.

Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	4g	1%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.7mg	4%
Potassium	280mg	6%
Vitamin A	0mcg	0%
Vitamin C	13mg	15%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

ASPARAGUS CUTS AND TIPS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
Regulatory Manager
02/24/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.96 oz.	½ cup cooked vegetable	10.10	60.60

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Asparagus, frozen Cuts and Tips	Other	3.96	X	8.10 /16	2.00

Each 3.96 ounce serving of the product above contains 1/2 cup Other vegetable.

VEGETABLE / ASPARAGUS, FROZEN: Packed to U.S. Grade A Standards*.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of Peru
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Bright green and tender without fibrous stalks
- Saves on valuable time and labor
- Consistent year-round supply, quality and pricing
- 100% useable, no trim, loss or waste

Shipping Information

Gross Weight	17lb
Net Weight	15lb
Length	16.045 in
Width	10.805 in
Height	6.525 in
Case Cube	.655
Tie High	10X10
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Versatile ingredient for pasta, salads, grain bowls, quiche and more. A highly seasonal item, this ingredient allows you to enjoy the flavors of fresh all year long.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbsp of water and cover. 3. Cook on HIGH for 18 minutes, stirring halfway through cook time.

