



Simplot Simple Goodness™

Diced Green Peppers

Cut Size: 3/8"

Pack: 12/2lb

SKU: 10071179165057

USDA National Child Nutrition Program Product Specification Sheet

Nutrition

Serving Size: 4.39 oz.

Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	5mg	0%
Total Carbohydrates	6g	2%
Dietary Fiber	2g	7%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.5mg	2%
Potassium	110mg	2%
Vitamin A	0mcg	0%
Vitamin C	57mg	60%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

GREEN BELL PEPPER.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Regulatory Manager

02/24/2023

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
4.39 oz.	½ cup cooked, drained vegetable	7.28	87.47

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Peppers, Bell, frozen Green or Yellow, Diced	Other	4.39	X	7.30 / 16	2.00

Each 4.39 ounce serving of the product above contains 1/2 cup Other vegetable.

VEGETABLE / GREEN PEPPER, FROZEN: Packed to U.S. Grade A Standards*.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Farm-fresh flavor and color
- Even cooking with consistent 3/8" dices
- Reduces costly labor—just heat and serve
- Individually quick frozen for easy portioning and less waste

Shipping Information

Gross Weight	25.25lb
Net Weight	24lb
Length	in
Width	in
Height	in
Case Cube	.000
Tie High	12X6
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for omelets, soups, salads, and pizzas.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

SAUTÉ 1. Heat 1 Tbsp. of oil in a large skillet on MEDIUM-HIGH. 2. Add one bag of frozen vegetables and cover. Sauté for 9 minutes, stirring frequently.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 Tbsp. of water and cover. 3. Cook on HIGH for 12 minutes, stirring halfway through cook time.

