



USDA National Child Nutrition Program Product Specification Sheet

Nutrition

Serving Size: 3.00 oz.

Calories: 25

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	3g	1%
Dietary Fiber	1g	4%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.5mg	2%
Potassium	220mg	4%
Vitamin A	20mcg	2%
Vitamin C	10mg	10%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

ASPARAGUS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Regulatory Manager
02/24/2023

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.00 oz.	½ cup cooked vegetable	13.33	80.00

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Asparagus, frozen Spears	Other	3.00	X	10.70 / 16	2.01

Each 3.00 ounce serving of the product above contains 1/2 cup Other vegetable.

VEGETABLE / ASPARAGUS, FROZEN: To be packed to U.S. Grade A Standards*.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of Chile
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- 100% usable, no trim, loss or waste from fibrous stalks
- All the flavor and color of fresh with excellent plate coverage
- Saves on valuable time and labor
- Consistent year-round quality and pricing

Shipping Information

Gross Weight	17lb
Net Weight	15lb
Length	15.69 in
Width	11.871 in
Height	6.137 in
Case Cube	.661
Tie High	10X11
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Plain, seasoned or topped with a Hollandaise sauce, asparagus spears enhance any entrée. A highly seasonal item, this ingredient allows you to enjoy the flavors of fresh all year long.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 6 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 Watts) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbsp of water and cover. 3. Cook on HIGH for 20 minutes, stirring halfway through cook time.

