



Simplot Simple Goodness™

Baby Lima Beans

Pack: 12/2.5lb

SKU: 10071179181217

## USDA National Child Nutrition Program Product Specification Sheet

### Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.94 oz.	½ cup cooked, drained vegetable	13.60	163.26

### Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Lima, frozen Baby, Whole	Starchy	2.94	X	10.90 / 16	2.00

Each 2.94 ounce serving of the product above contains 1/2 cup Starchy vegetable.

VEGETABLE / LIMA BEANS, FROZEN: Packed to U.S. Grade A Standards\*.

### Product Specification

Country of Origin	Product of USA
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

### Benefits

- Farm-fresh color, flavor and texture
- Reduces costly labor—no soaking or boiling needed
- Individually quick frozen for easy portioning
- No paying for drainage like canned

### Shipping Information

Gross Weight	31.75lb
Net Weight	30lb
Length	16 in
Width	10 in
Height	10.375 in
Case Cube	.961
Tie High	10X5
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

### Nutrition

Serving Size: 2.94 oz.

Calories: 90

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	25mg	1%
Total Carbohydrates	16g	6%
Dietary Fiber	4g	14%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	1.6mg	8%
Potassium	340mg	8%
Vitamin A	10mcg	2%
Vitamin C	5mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

### Ingredients

LIMA BEANS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

*Kelsey Farley*

Kelsey Farley  
Regulatory Manager

02/24/2023

### Serving Suggestions

These lima beans are sweet and tender, with thin seeds and uniform size. Perfect for Southern recipes, bean blends, succotash and stews.

### Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbs of water and cover. 3. Cook on HIGH for 15 minutes, stirring halfway through cook time.