

Simplot Simple Goodness™

Baby Lima Beans

Pack: 12/2.5lb

SKU: 10071179181217

USDA National Child Nutrition Program Product Specification Sheet

Serving Information			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.94 oz.	½ cup cooked, drained vegetable	13.60	163.26

Product Formulation Credits					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Lima, frozen Baby, Whole	Starchy	2.94	Χ	10.90 / 16	2.00

Benefits

Farm-fresh color, flavor and texture

Each 2.94 ounce serving of the product above contains 1/2 cup Starchy vegetable.

VEGETABLE / LIMA BEANS, FROZEN: Packed to U.S. Grade A Standards*.

Product Specification	
Country of Origin	Product of USA
Meets Buy American Provision	Υ
Smart Snacks Compliant	Υ
Halal	N
Kosher	Υ
Vegan	Υ
Vegetarian	Υ
Zero Grams Trans Fat	Υ
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

 Farm-fresh color, flavor and texture Reduces costly labor—no soaking or boiling needed Individually quick frozen for easy portioning No paying for drainage like canned 				
Shipping Information				
Gross Weight	31.75lb			
Net Weight	30lb			
Length	16 in			
Width	10 in			
Height	10.375 in			
Case Cube	.961			
Tie High	10X5			
Shelf Life	730 days			
Storage Temp From/To	-10°F / 10°F			

Serving Suggestions

These lima beans are sweet and tender, with thin seeds and uniform size. Perfect for Southern recipes, bean blends, succotash and stews.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbsp of water and cover. 3. Cook on HIGH for 15 minutes, stirring halfway through cook time.





Nutrition

Serving Size: 2.94 oz.

Calories: 90

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	25mg	1%
Total Carbohydrates	16g	6%
Dietary Fiber	4g	14%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	6g	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	1.6mg	8%
Potassium	340mg	8%
Vitamin A	10mcg	2%
Vitamin C	5mg	6%

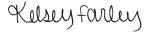
The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

LIMA BEANS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:



Kelsey Farley Regulatory Manager 02/24/2023