



Nutrition

Serving Size: 3.08 oz.

Calories: 50

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	8g	3%
Dietary Fiber	4g	14%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.7mg	4%
Potassium	320mg	6%
Vitamin A	20mcg	2%
Vitamin C	68mg	80%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

BRUSSELS SPROUTS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Regulatory Manager

02/24/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.08 oz.	½ cup cooked, drained vegetable	10.38	124.67

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Brussels Sprouts, frozen Ready-to-use	Other	3.08	X	10.40 / 16	2.00

Each 3.08 ounce serving of the product above contains 1/2 cup Other vegetable.

VEGETABLE / BRUSSELS SPROUTS, FROZEN: Packed to U.S. Grade A Standards*.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of Belgium
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Consistent sizing, quality and pricing all year long
- Eliminates raw trim loss of 20%
- Saves on valuable time and labor
- Individually quick frozen for easy portioning and less waste

Shipping Information

Gross Weight	25.25lb
Net Weight	24lb
Length	in
Width	in
Height	in
Case Cube	.000
Tie High	10X7
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Deep fry, roast or steam and combine with bacon, parmesan or a drizzle of balsamic glaze.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables, and cook for 7 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 7 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 Tbsp. of water and cover. 3. Cook on HIGH for 14 minutes, stirring halfway through cook time.

