



Simplot Simple Goodness™
RTE Diced Carrots
 Cut Size: 3/8"
 Pack: 1/20lb
 SKU: 10071179184140

Nutrition

Serving Size: 3.01 oz.
 Calories: 35

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	40mg	2%
Total Carbohydrates	8g	3%
Dietary Fiber	3g	11%
Total Sugars	4g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0mg	0%
Potassium	200mg	4%
Vitamin A	210mcg	25%
Vitamin C	4mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

CARROTS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 01/18/2024

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.01 oz.	½ cup cooked, drained vegetable	n/a	106.31

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Diced	Red/Orange	3.01	X	10.66 / 16	2.00

Each 3.01 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.

VEGETABLE / CARROTS, FROZEN: Packed to U.S. Grade A Standards*.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- 6-day refrigerated shelf life
- Thaw and serve
- Farm-fresh flavor, color and texture
- Reduces costly labor—no trimming or waste
- Individually quick frozen for easy portioning and less waste

Shipping Information

Gross Weight	21.5lb
Net Weight	20lb
Length	13.375 in
Width	9.625 in
Height	8.875 in
Case Cube	.661
Tie High	15X7
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for sides, salads, soups, breakfast hash, pilafs and more.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE IF THAWED, DO NOT REFREEZE
THAW AND SERVE Thaw unopened package no more than six days at 40°F.

STOVE TOP (optional) Bring 5 quarts of water to a boil on HIGH. Add 2 pounds of frozen vegetables and cook for 4 minutes, stirring as needed.

STEAMER (optional) Arrange 2 pounds of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.



Simplot Simple Goodness™
RTE Diced Carrots
 Cut Size: 3/8"
 Pack: 1/20lb
 SKU: 10071179184140

USDA National Child Nutrition Program Product Specification Sheet

Nutrition

Serving Size: 3.01 oz.

Calories: 35

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	40mg	2%
Total Carbohydrates	8g	3%
Dietary Fiber	3g	11%
Total Sugars	4g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0mg	0%
Potassium	200mg	4%
Vitamin A	210mcg	25%
Vitamin C	4mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

CARROTS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 01/18/2024

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.01 oz.	½ cup thawed vegetable	n/a	106.31

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Diced	Red/Orange	3.01	X	10.66 / 16	2.00

Each 3.01 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.

VEGETABLE / CARROTS, FROZEN: Packed to U.S. Grade A Standards*.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- 6-day refrigerated shelf life
- Thaw and serve
- Farm-fresh flavor, color and texture
- Reduces costly labor—no trimming or waste
- Individually quick frozen for easy portioning and less waste

Shipping Information

Gross Weight	21.5lb
Net Weight	20lb
Length	13.375 in
Width	9.625 in
Height	8.875 in
Case Cube	.661
Tie High	15X7
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for sides, salads, soups, breakfast hash, pilafs and more.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE IF THAWED, DO NOT REFREEZE

THAW AND SERVE Thaw unopened package no more than six days at 40°F.

STOVE TOP (optional) Bring 5 quarts of water to a boil on HIGH. Add 2 pounds of frozen vegetables and cook for 4 minutes, stirring as needed.

STEAMER (optional) Arrange 2 pounds of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.