



## Nutrition

Serving Size: 2.85 oz.

Calories: 45

	Amount per serving	% Daily Values
Total Fat	1g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	9g	3%
Dietary Fiber	2g	7%
Total Sugars	4g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.4mg	2%
Potassium	170mg	4%
Vitamin A	80mcg	8%
Vitamin C	5mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

## Ingredients

CARROTS, CORN, GREEN BEANS.

**For questions, please contact the Bid Department at (800) 572-7783.**

I certify that the information provided is true and correct:

*Kelsey Farley*

Kelsey Farley  
 Regulatory Manager

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## USDA National Child Nutrition Program Product Specification Sheet

### Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.85 oz.	½ cup cooked, drained vegetable	n/a	112.28

### Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	1.140	X	11.16 / 16	0.795
Corn, frozen Whole Kernel, Includes USDA Foods	Starchy	0.855	X	11.00 / 16	0.587
Beans, Green, frozen Cut, Includes USDA Foods	Other	0.855	X	11.60 / 16	0.619

**Each 2.85 ounce serving of the product above contains 1/8 cup Red/Orange vegetable, 1/8 cup Starchy vegetable and 1/4 cup Additional vegetable.**

**VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards\*. To contain 40% Julienne Carrots, 30% Cut Corn, 30% Cut Green Beans.**

\*Simplot internal grading program, modeled after USDA standards.

### Product Specification

Country of Origin	Product of USA and Canada
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

### Benefits

- Farm-fresh carrots, corn and green beans
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing
- 100% useable, no trim, loss or waste
- Individually quick frozen for easy portioning

### Shipping Information

Gross Weight	21.5lb
Net Weight	20lb
Length	13.375 in
Width	9.625 in
Height	8.875 in
Case Cube	.661
Tie High	15X7
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

### Serving Suggestions

An eye-catching side or a hearty ingredient for soups, stews, pastas and more.

### Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.

