



Simplot Simple Goodness™
Mixed Vegetables Blend
 Pack: 12/2.5lb
 SKU: 10071179188117

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.99 oz.	½ cup cooked, drained vegetable	13.37	160.53

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Diced	Red/Orange	0.6578	X	10.66 / 16	0.4382
Peas, Green, frozen Includes USDA Foods	Starchy	0.6578	X	9.59 / 16	0.3942
Corn, frozen Whole Kernel, Includes USDA Foods	Starchy	0.6578	X	11.00 / 16	0.4522
Beans, Green, frozen Cut, Includes USDA Foods	Other	0.6578	X	11.60 / 16	0.4769
Beans, Lima, frozen Baby Whole	Starchy	0.3588	X	10.90 / 16	0.2444

Each 2.99 ounce serving of the product above contains 1/4 cup Starchy vegetable and 1/4 cup Additional vegetable.

VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards*. To contain 22% Green Peas, 22% Diced Carrots, 22% Cut Corn, 22% Cut Green Beans, 12% Lima Beans.

Nutrition

Serving Size: 2.99 oz.
 Calories: 60

	Amount per serving	% Daily Values
Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	25mg	1%
Total Carbohydrates	11g	4%
Dietary Fiber	3g	11%
Total Sugars	4g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.8mg	4%
Potassium	190mg	4%
Vitamin A	50mcg	6%
Vitamin C	8mg	8%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

CARROTS, CORN, GREEN BEANS, PEAS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 03/09/2023

Product Specification

Country of Origin	Product of USA and/or Canada
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Farm-fresh sweet corn, carrots, green beans, and peas
- Saves on valuable time and labor
- Consistent year-round quality and pricing
- 100% useable, no trim, loss or waste

Shipping Information

Gross Weight	31.25lb
Net Weight	30lb
Length	16 in
Width	10 in
Height	10.875 in
Case Cube	1.007
Tie High	12X6
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Colorful blend for signature side dishes or add to soups, casseroles, and stews. Mix with your favorite house dressing for easy salads and healthy menu items.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 Tbsp. of water and cover. 3. Cook on HIGH for 17 minutes, stirring halfway through cook time.