



Simple Goodness™

Asian Stir Fry Blend

Pack: 12/2lb

SKU: 10071179188131

Nutrition

Serving Size: 3.21 oz.

Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	5mg	0%
Total Carbohydrates	6g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.5mg	2%
Potassium	170mg	4%
Vitamin A	20mcg	2%
Vitamin C	24mg	25%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

GREEN BEANS, BROCCOLI, ONIONS, RED PEPPERS, MUSHROOMS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Regulatory Manager
06/22/2022

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.21 oz.	½ cup cooked, drained vegetable	9.96	119.62

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Green, frozen French style	Other	1.2840	X	12.00 / 16	0.9630
Broccoli, frozen Cut or chopped	Dark Green	1.0593	X	9.60 / 16	0.6355
Onions, Mature, frozen Chopped	Other	0.4815	X	5.94 / 16	0.1788
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.2247	X	7.30 / 16	0.1025
Mushrooms, frozen Slices	Other	0.1605	X	12.20 / 16	0.1224

Each 3.21 ounce serving of the product above contains 3/8 cup Other/Additional vegetable and 1/8 cup Dark Green vegetable.

VEGETABLE / BLEND, FROZEN: To contain 40% Green Beans, 33% Broccoli, 15% Onions, 7% Red Bell Peppers and 5% Mushrooms.

Product Specification

Country of Origin	Product of USA, Canada, Ecuador, Mexico and/or Peru
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	Y
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Farm-fresh green beans, broccoli, onion, red peppers and mushrooms.
- Upscale, hand-cut appearance
- Reduces costly labor—just heat and serve
- Individually quick frozen for easy portioning

Shipping Information

Gross Weight	25.25lb
Net Weight	24lb
Length	in
Width	in
Height	in
Case Cube	.000
Tie High	8X7
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Add Asian flair to any menu or combine with Asian sauces as the perfect base for stir fry recipes.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD,

PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbsp of water and cover. 3. Cook on HIGH for 15 minutes, stirring halfway through cook time.