



USDA National Child Nutrition Program Product Specification Sheet

Nutrition

Serving Size: 3.39 oz.

Calories: 45

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrates	8g	3%
Dietary Fiber	3g	11%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.9mg	6%
Potassium	180mg	4%
Vitamin A	0mcg	0%
Vitamin C	3mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

GREEN PEAS, ZUCCHINI, CARROTS, GREEN BEANS, ONIONS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 08/22/2023

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.39 oz.	½ cup cooked, drained vegetable	9.43	113.27

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Onions, Mature, frozen Chopped	Other	0.2543	X	5.94 / 16	0.0943
Peas, Green, frozen Includes USDA Foods	Starchy	1.0170	X	9.59 / 16	0.6095
Squash, summer, frozen Zucchini, Sliced	Other	0.7628	X	7.00 / 16	0.3337
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.6780	X	11.16 / 16	0.4729
Beans, Green, frozen Cut, Includes USDA Foods	Other	0.6780	X	11.60 / 16	0.4915

Each 3.39 ounce serving of the product above contains 1/8 cup Other vegetable, 1/8 cup Starchy vegetable and 1/4 cup Additional vegetable.

VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards*. To contain 30% Green Peas, 22.5% Zucchini, 20% Carrots, 20% Green Beans and 7.5% Onions.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA, Canada, and/or Mexico
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Farm-fresh peas, zucchini, green beans, orange carrots and onions
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing
- Individually quick frozen for easy portioning

Shipping Information

Gross Weight	25.25lb
Net Weight	24lb
Length	16 in
Width	10 in
Height	9.875 in
Case Cube	.914
Tie High	12X6
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

An eye-catching side or an excellent ingredient for soups, pastas and more.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbsp of water and cover. 3. Cook on HIGH for 14 minutes, stirring halfway through cook time.