



Simplot Harvest Fresh® Avocados  
Western Guacamole, Frozen  
Pack: 12/1lb  
SKU: 10071179193425

## Nutrition

Serving Size: 2.85 oz.  
Calories: 150

	Amount per serving	% Daily Values
Total Fat	14g	18%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	360mg	16%
Total Carbohydrates	6g	2%
Dietary Fiber	4g	14%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.7mg	4%
Potassium	410mg	8%
Vitamin A	20mcg	2%
Vitamin C	9mg	10%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

## Ingredients

HASS AVOCADO, RED BELL PEPPER, ONION, SALT, JALAPEÑO PEPPER, GARLIC, LIME JUICE CONCENTRATE.

**For questions, please contact the Bid Department at (800) 572-7783.**

I certify that the information provided is true and correct:

*Kelsey Farley*

Kelsey Farley  
Regulatory Manager  
12/12/2023

## USDA National Child Nutrition Program Product Specification Sheet

### Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.85 oz.	¼ cup raw, mashed vegetable	5.61	67.36

### Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes, Whole	Other	2.4795	X	5.10 / 16	0.7903
Onions, Mature, frozen Chopped	Other	0.0770	X	7.92 / 16	0.0381
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.2309	X	12.10 / 16	0.1746

**Each 2.85 ounce serving of the product above contains 1/4 cup Other/Additional vegetable.**

**GUACAMOLE, FROZEN: Made with 100% Hass avocados, ultra-high pressure pasteurized, thaw and serve, Western Spice. To contain 87% avocado, 8.1% red bell pepper and 2.7% onion.**

### Product Specification

Country of Origin	Product of Mexico
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	N
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

### Benefits

- &Save 1.5 hours of labor per case vs. scratch
- Made with 100% Mexican Hass avocados, the world's finest
- Convenient 1 lb. bags reduce waste
- High Pressure Processed (HPP) for food safety—no preservatives
- Store frozen up to 18 months and refrigerated up to 7days (unopened)

### Shipping Information

Gross Weight	14lb
Net Weight	12lb
Length	11.375 in
Width	8.875 in
Height	6.125 in
Case Cube	.358
Tie High	17X8
Shelf Life	540 days
Storage Temp From/To	-10°F / 10°F

### Serving Suggestions

Great option for appetizers, entrees and more! Use to top nachos, fajitas, salads, sandwiches, wraps and tacos. Any menu type, day part this product is a great addition!

### Preparation Instructions For Food Safety And Quality

FOR BEST QUALITY, THAW UNOPENED BAG FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN A SINGLE LAYER. ONCE THAWED, OPEN REFRIGERATED GUACAMOLE WITHIN 7 DAYS. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING AND STORE AT

40°F. ONCE THAWED, DO NOT REFREEZE.

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