

Nutrition

Serving Size: 4.35 oz. Calories: 100

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	20mg	1%
Total Carbohydrates	22g	8%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	370mg	8%
Vitamin A	0mcg	0%
Vitamin C	8mg	8%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

POTATOES, WATER, ARTIFICIAL COLOR, SODIUM ACID PYROPHOSPHATE.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Forley

Kelsey Farley Regulatory Manager 02/24/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information						
Serving Size (as purchased)	Contribution	Equivalent	Equivalent Servings	Per Bag	Equivalent Ser	rvings Per Case
4.35 oz.	½ cup he	ated vegetable	14.71		14.71 88.27	
Product Formulation Credits						
Food Buying Guide Descriptio of Creditable Ingredient	n	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt (quarter cup)
Potato Products, frozen Mashed		Starchy	4.35	Х	7.37 / 16	2.00

Each 4.35 ounce serving of the product above contains 1/2 cup Starchy vegetable.

POTATOES / MASHED, FROZEN: Plain mashed potatoes, no added oils or fat.

Product Specification	
Country of Origin	Product of USA
Meets Buy American Provision	Y
Smart Snacks Compliant	Y
Halal	Ν
Kosher	Ν
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	Ν
Egg	Ν
Wheat	Ν
Soy	Ν
Sesame Seed	Ν
Peanuts	Ν
Tree Nuts	Ν
Fish	Ν
Molluscan Shellfish	Ν

Serving Suggestions

Ideal for operators looking for low-fat, low sodium mashed potatoes. Add your own seasoning to enhance the flavor and offer a customized dish. Top with cheese, bacon bits, and sour cream. Great base for a mashed potato bowl.

Preparation Instructions For Food Safety And Quality			
Method Type	Time	Temperature	
Steamer	THAWED 18 MINUTES FROZEN 22 MINUTES		
PREHEAT STEAMER. PLACE UNOPENED BAG N PERFORATED HOTEL PANS.	FROZEN ZZ MINUTES		
Combi Oven	THAWED 16 MINUTES	212°F	
PREHEAT OVEN. PLACE UNOPENED BAG DIRECTLY ON THE OVEN RACK.	FROZEN 21 MINUTES		
Stove Top / Sauté			

Stove Top / Sauté

Benefits

 Plain: no dairy or added salt makes it a time-saving base for your own recipes

- Perfect for low fat and low sodium diets
- Reduces costly labor—just heat and serve
- Consistent—it's the same product every time

Shipping Information

Gross Weight	26lb
Net Weight	24lb
Length	14.875 in
Width	9.625 in
Height	7.125 in
Case Cube	.590
Tie High	13X7
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

	BRING WATER TO A BOIL IN A LARGE POT. COMPLETELY IMMERSE UNOPENED BAG IN WATER. RETURN WATER TO SIMMER AND KEEP PRODUCT SUBMERGED.	THAWED 35 MINUTES FROZEN 35 MINUTES	HIGH
	Microwave CUT 1" SLIT IN CENTER OF BAG. COOK ON HIGH. TO PREVENT SCORCHING MANIPULATE THE BAG FREQUENTLY, PAYING SPECIAL ATTENTION TO THE CORNERS.	THAWED 15 MINUTES FROZEN 25 MINUTES	HIGH
	Convection Oven PREHEAT OVEN. COAT 1/2 SIZE HOTEL PAN WITH NON-STICK SPRAY, REMOVE POTATOES FROM BAG AND ARRANGE IN PAN. COVER WITH FOIL OR LID. STIR BEFORE SERVING.	THAWED 25 MINUTES FROZEN NOT RECOMMENDED	350°F
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