



Simplot Simple Goodness™

**Tuscan Vegetable Blend**

Pack: 8/3lb

SKU: 10071179602026

## USDA National Child Nutrition Program Product Specification Sheet

### Nutrition

Serving Size: 3.31 oz.

Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrates	6g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.5mg	2%
Potassium	180mg	4%
Vitamin A	80mcg	8%
Vitamin C	13mg	15%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

### Ingredients

GREEN BEANS, CARROTS, YELLOW SQUASH, ZUCCHINI, RED BELL PEPPER.

**For questions, please contact the Bid Department at (800) 572-7783.**

I certify that the information provided is true and correct:

*Kelsey Farley*

Kelsey Farley  
Regulatory Manager  
05/25/2023

### Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.31 oz.	½ cup cooked, drained vegetable	14.50	116.01

### Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Green, frozen Whole, Includes USDA Foods	Other	1.324	X	10.70 / 16	0.885
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.827	X	11.16 / 16	0.577
Squash, summer, frozen Yellow, Sliced	Other	0.496	X	7.90 / 16	0.245
Squash, summer, frozen Zucchini, Sliced	Other	0.331	X	7.00 / 16	0.144
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.331	X	7.30 / 16	0.151

**Each 3.31 ounce serving of the product above contains 1/8 cup Red/Orange vegetable and 3/8 cup Other/Additional vegetable.**

**VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards\*. To contain 40% Whole Green Beans, 25% Bias Sliced Carrots, 15% Yellow Squash, 10% Zucchini, 10% Red Pepper Strips.**

\*Simplot internal grading program, modeled after USDA standards.

### Product Specification

Country of Origin	Product of USA, Canada, Mexico, and/or Belgium
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

### Benefits

- Farm-fresh green beans, carrots, yellow squash, zucchini and red bell pepper
- Upscale, hand-cut appearance
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing
- Individually quick frozen for easy portioning and less waste

### Shipping Information

Gross Weight	25.5lb
Net Weight	24lb
Length	16 in
Width	11.625 in
Height	10.125 in
Case Cube	1.090
Tie High	10X6
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

### Serving Suggestions

This sunny blend is ready to heat and serve, sauce and plate, or use in recipes. Serve as a signature side dish or toss with pasta or rice for a satisfying vegetarian entree.

### Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 12 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 6 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 1/4 cup of water and cover. 3. Cook on HIGH for 24 minutes, stirring halfway through cook time.