



Simplot Simple Goodness™

Catalina Vegetable Blend

Pack: 8/3lb

SKU: 10071179662662

Nutrition

Serving Size: 2.72 oz.

Calories: 25

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	20mg	1%
Total Carbohydrates	5g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%

Protein	1g	
Vitamin D	0mcg	0%
Calcium	27mg	2%
Iron	0mg	0%
Potassium	147mg	4%
Vitamin A	23mcg	2%
Vitamin C	24mg	25%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

BROCCOLI, GREEN BEANS, YELLOW CARROTS, RED BELL PEPPER.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Regulatory Manager
05/25/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.72 oz.	½ cup cooked, drained vegetable	17.64	141.17

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Florets, Trimmed Includes USDA Foods	Dark Green	1.088	X	14.00 / 16	0.952
Beans, Green, frozen Whole	Other	0.816	X	10.70 / 16	0.545
Carrots, frozen Sliced, Includes USDA Foods	Other	0.544	X	11.16 / 16	0.379
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.272	X	7.30 / 16	0.124

Each 2.72 ounce serving of the product above contains 1/8 cup Dark Green vegetable and 3/8 cup Other/Additional vegetable.

VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards*. To contain 40% Broccoli Florets, 30% Whole Green Beans, 20% Yellow Carrots, 10% Red Pepper Strips.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA, Canada, Guatemala, Mexico, Belgium, and/or China
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	Y
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Farm-fresh mix of broccoli, green beans, yellow carrots and red bell peppers
- Upscale hand-cut look
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing
- Individually quick frozen for easy portioning and less waste

Shipping Information

Gross Weight	25.5lb
Net Weight	24lb
Length	16 in
Width	13 in
Height	10.375 in
Case Cube	1.249
Tie High	9X6
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

This colorful blend features large pieces that look great on the plate. Serve as a side or an ingredient in stir fries, hearty stews, and potpies. Toss with pasta or rice for a satisfying vegetarian entree.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 12 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 7 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 1/4 cup of water and cover. 3. Cook on HIGH for 22 minutes, stirring halfway through cook time.