



Simplot Simple Goodness™

Meadow Vegetable Blend

Pack: 12/2lb

SKU: 10071179671664

Nutrition

Serving Size: 3.23 oz.

Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	6g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.5mg	2%
Potassium	190mg	4%
Vitamin A	70mcg	8%
Vitamin C	5mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

CARROTS, GREEN BEANS, YELLOW SQUASH, ZUCCHINI.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Regulatory Manager
03/09/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.23 oz.	½ cup cooked, drained vegetable	9.90	118.88

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Green, frozen French style	Other	0.969	X	12.00 / 16	0.7267
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.969	X	11.16 / 16	0.6758
Squash, summer, frozen Yellow, Sliced	Other	0.646	X	7.90 / 16	0.3189
Squash, summer, frozen Zucchini, Sliced	Other	0.646	X	7.00 / 16	0.2826

Each 3.23 ounce serving of the product above contains 1/8 cup Red/Orange vegetable and 3/8 cup Other/Additional vegetable.

VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards*. To contain 30% Sliced Carrots, 30% French Cut Green Beans, 20% Sliced Zucchini, 20% Sliced Yellow Squash.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA, Mexico, and/or Canada
Meets Buy American Provision	N
Smart Snacks Compliant	Y
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Farm-fresh carrots, green beans, yellow squash and zucchini
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing
- Individually quick frozen for easy portioning

Shipping Information

Gross Weight	25.25lb
Net Weight	24lb
Length	16 in
Width	10 in
Height	9.625 in
Case Cube	.891
Tie High	12X6
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

An eye-catching side or an excellent ingredient for soups, stews, pastas and more.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO

REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbsp of water and cover. 3. Cook on HIGH for 14 minutes, stirring halfway through cook time.