



Nutrition

Serving Size: 3.78 oz.  
Calories: 50

	Amount per serving	% Daily Values
Total Fat	2g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	270mg	12%
Total Carbohydrates	8g	3%
Dietary Fiber	2g	7%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.6mg	4%
Potassium	220mg	4%
Vitamin A	10mcg	2%
Vitamin C	17mg	20%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

YELLOW SQUASH, ZUCCHINI, CARROTS, GREEN BEANS, ONION, RED BELL PEPPER, GREEN BELL PEPPER, YELLOW BELL PEPPER, CONTAINS LESS THAN 2% OF DEHYDRATED VEGETABLES (TOMATO, ONION, GARLIC, RED BELL PEPPER, CARROT), FOOD STARCH-MODIFIED, MALTODEXTRIN, OLIVE OIL, SALT, SPICES, YEAST EXTRACT.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley  
Regulatory Manager  
11/04/2023

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.78 oz.	½ cup cooked vegetable	10.58	63.49

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Onions, Mature, frozen Chopped	Other	0.3340	X	5.94 / 16	0.1239
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.1848	X	7.30 / 16	0.0843
Peppers, Bell, frozen Green or Yellow, Diced	Other	0.1826	X	7.30 / 16	0.0833
Peppers, Bell, frozen Green or Yellow, Diced	Other	0.1358	X	7.30 / 16	0.0619
Squash, summer, frozen Yellow, Sliced	Other	0.7258	X	7.90 / 16	0.3583
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.6946	X	11.16 / 16	0.4845
Beans, Green, frozen Cut, Includes USDA Foods	Other	0.6946	X	11.60 / 16	0.5036
Squash, summer, frozen Zucchini, Sliced	Other	0.6955	X	7.00 / 16	0.3042

Each 3.78 ounce serving of the product above contains 3/8 cup Other/Additional and 1/8 cup Red/Orange vegetable.

VEGETABLE BLEND / ROASTED, FROZEN: Packed to U.S. Grade A Standards\*. To contain 19% Roasted Yellow Squash, 18% Roasted Green Zucchini, 18% Carrots, 18% Green Beans, 9% Roasted Onions, 5% Roasted Red Peppers, 5% Roasted Green Peppers, and 4% Roasted Yellow Peppers.

\*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA
Meets Buy American Provision	Y
Smart Snacks Compliant	N
Halal	Y
Kosher	N
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Thaw and serve eliminates the need to cook and chill
- 6-day refrigerated shelf life minimizes food waste
- Eliminates time-consuming washing, cutting and peeling
- Cut from premium vegetables at the peak of maturity
- Colorful presentations add Mediterranean flare to any plate
- Part of the best-selling line of roasted vegetables in foodservice

Shipping Information

Gross Weight	16.25lb
Net Weight	15lb
Length	13.375 in
Width	12 in
Height	7.125 in
Case Cube	.662
Tie High	12X9
Shelf Life	547 days
Storage Temp From/To	-10°F / 10°F

### Serving Suggestions

Chicken with a vegetable side becomes Flame-Roasted Mediterranean Chicken. Mediterranean focaccia sandwich, Dahi Murgli, Mediterranean strudel, Mediterranean orzo salad, Mediterranean lasagna, Tuscan couscous, Roasted vegetable frittata.

### Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE IF THAWED, DO NOT REFREEZE

THAW AND SERVE Thaw unopened package no more than six days at 40°F.

STOVE TOP (optional) Heat 1 Tbsp oil in a large skillet on MED-HIGH heat. Sauté ½ bag of vegetables in a single layer for 10-12 minutes, stirring frequently.

FLAT TOP GRILL (optional) Heat 2 Tbsp oil. Cook a single layer of vegetables for 6-8 minutes at 375°F, turning as needed.



Nutrition

Serving Size: 3.45 oz.  
Calories: 50

	Amount per serving	% Daily Values
Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	250mg	11%
Total Carbohydrates	7g	3%
Dietary Fiber	2g	7%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.6mg	4%
Potassium	200mg	4%
Vitamin A	10mcg	2%
Vitamin C	16mg	20%

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Ingredients

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Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.45 oz.	½ cup thawed vegetable	11.59	69.56

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Onions, Mature, frozen Chopped	Other	0.3048	X	7.92 / 16	0.1508
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.1687	X	12.10 / 16	0.1275
Peppers, Bell, frozen Green or Yellow, Diced	Other	0.1666	X	12.10 / 16	0.1260
Peppers, Bell, frozen Green or Yellow, Diced	Other	0.1240	X	12.10 / 16	0.0937
Squash, summer, frozen Yellow, Sliced	Other	0.6624	X	7.90 / 16	0.3270
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.6340	X	11.16 / 16	0.4422
Beans, Green, frozen Cut, Includes USDA Foods	Other	0.6340	X	11.60 / 16	0.2777
Squash, summer, frozen Zucchini, Sliced	Other	0.6348	X	7.00 / 16	0.2777

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Smart Snacks Compliant	N
Halal	Y
Kosher	N
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

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- 6-day refrigerated shelf life minimizes food waste
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