



Simplot Simple Goodness™
Broccoli Cuts, IQF
Cut Size: 1"
Pack: 1/20lb
SKU: 10071179823629

Nutrition

Serving Size: 3.34 oz.
Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	5g	2%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.4mg	2%
Potassium	200mg	4%
Vitamin A	20mcg	2%
Vitamin C	48mg	50%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients
BROCCOLI.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Regulatory Manager
01/17/2024

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.34 oz.	½ cup cooked, drained vegetable	n/a	95.80

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Cut or chopped	Dark Green	3.34	X	9.60 / 16	2.00

Each 3.34 ounce serving of the product above contains 1/2 cup Dark Green vegetable.

VEGETABLE / BROCCOLI, FROZEN: Packed to U.S. Grade A Standards*.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of Mexico
Meets Buy American Provision	N
Exception Letter Available	
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- This broccoli is hand-cut and trimmed to our high standards
- Tender and crisp with uniform appearance
- Saves on valuable time and labor
- Individually quick frozen for easy portioning and less waste

Shipping Information

Gross Weight	21.5lb
Net Weight	20lb
Length	16 in
Width	10 in
Height	9.125 in
Case Cube	.845
Tie High	12X7
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

This versatile ingredient is recipe-ready for sides, pasta, salads, soup, quiche and more.

Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.