



Simplot Simple Goodness™
Broccoli Cuts, IQF
 Cut Size: 1"
 Pack: 1/20lb
 SKU: 10071179823629



USDA National Child Nutrition Program Product Specification Sheet

Serving Information

| Serving Size (as purchased) | Contribution Equivalent | Equivalent Servings Per Bag | Equivalent Servings Per Case |
|-----------------------------|---------------------------------|-----------------------------|------------------------------|
| 3.34 oz. | ½ cup cooked, drained vegetable | n/a | 95.80 |

Product Formulation Credits

| Food Buying Guide Description of Creditable Ingredient | FBG Subgroup | Oz. / Raw Portion of Creditable Ingredient | Multiply | FBG Yield / Purchase Unit | Creditable Amt. (quarter cup) |
|--|--------------|--|----------|---------------------------|-------------------------------|
| Broccoli, frozen Cut or chopped | Dark Green | 3.34 | X | 9.60 / 16 | 2.00 |

Each 3.34 ounce serving of the product above contains 1/2 cup Dark Green vegetable.

VEGETABLE / BROCCOLI, FROZEN: Packed to U.S. Grade A Standards*.

Nutrition

Serving Size: 3.34 oz.
 Calories: 30

| | Amount per serving | % Daily Values |
|--------------------------|--------------------|----------------|
| Total Fat | 0g | 0% |
| Saturated Fat | 0g | 0% |
| Trans Fat | 0g | |
| Cholesterol | 0mg | 0% |
| Sodium | 15mg | 1% |
| Total Carbohydrates | 5g | 2% |
| Dietary Fiber | 2g | 7% |
| Total Sugars | 1g | |
| Includes 0g Added Sugars | | 0% |
| Protein | 2g | |
| Vitamin D | 0mcg | 0% |
| Calcium | 30mg | 2% |
| Iron | 0.4mg | 2% |
| Potassium | 200mg | 4% |
| Vitamin A | 20mcg | 2% |
| Vitamin C | 48mg | 50% |

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

BROCCOLI.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 02/24/2023

Product Specification

| Country of Origin | Product of Mexico |
|---|-------------------|
| Meets Buy American Provision <i>Exception Letter Available</i> | N |
| Smart Snacks Compliant | Y |
| Halal | N |
| Kosher | N |
| Vegan | Y |
| Vegetarian | Y |
| Zero Grams Trans Fat | Y |
| Milk | N |
| Egg | N |
| Wheat | N |
| Soy | N |
| Sesame Seed | N |
| Peanuts | N |
| Tree Nuts | N |
| Fish | N |
| Molluscan Shellfish | N |

Benefits

- This broccoli is hand-cut and trimmed to our high standards
- Tender and crisp with uniform appearance
- Saves on valuable time and labor
- Individually quick frozen for easy portioning and less waste

Shipping Information

| | |
|----------------------|--------------|
| Gross Weight | 21.5lb |
| Net Weight | 20lb |
| Length | in |
| Width | in |
| Height | in |
| Case Cube | .000 |
| Tie High | 12X7 |
| Shelf Life | 720 days |
| Storage Temp From/To | -10°F / 10°F |

Serving Suggestions

This versatile ingredient is recipe-ready for sides, pasta, salads, soup, quiche and more.

Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.