



Simplot Simple Goodness™ Cut Leaf Spinach, IQF

> Cut Size: 1" Pack: 1/20lb

SKU: 10071179913337

# simple goodness

### **Nutrition**

Serving Size: 5.72 oz.

Calories: 50

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	160mg	7%
Total Carbohydrates	7g	3%
Dietary Fiber	4g	14%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	5g	
Vitamin D	0mcg	0%
Calcium	200mg	15%
Iron	2.7mg	15%
Potassium	560mg	10%
Vitamin A	340mcg	40%
Vitamin C	28mg	30%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

#### Ingredients

SPINACH.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:



Kelsey Farley Regulatory Manager 02/24/2023

## **USDA National Child Nutrition Program Product Specification Sheet**

Serving Information				
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case	
5.72 oz.	½ cup cooked, drained vegetable	n/a	55.94	

Product Formulation Credits					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Spinach, frozen Chopped, Includes USDA Foods	Dark Green	5.72	Χ	5.60 / 16	2.00

Each 5.72 ounce serving of the product above contains 1/2 cup Dark Green vegetable.

VEGETABLE / SPINACH, FROZEN: Packed to U.S. Grade A Standards\*.

Product Specification	
Country of Origin	Product of USA
Meets Buy American Provision	N
Smart Snacks Compliant	Υ
Halal	N
Kosher	N
Vegan	Υ
Vegetarian	Υ
Zero Grams Trans Fat	Υ
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

### **Benefits**

- Individually quick frozen for easy portioning
- 18% higher yield than wet pack
  Reduces costly labor—60% less prep time than wet pack, just heat and serve

  Good source of Vitamins A and C

Shipping Information		
Gross Weight	21.5lb	
Net Weight	20lb	
Length	17.125 in	
Width	10.375 in	
Height	9.375 in	
Case Cube	.964	
Tie High	10X5	
Shelf Life	720 days	
Storage Temp From/To	-10°F / 10°F	

## **Serving Suggestions**

Farm-fresh leaves ready to use in recipes or as a colorful side dish. With lower moisture than wetpack, a perfect ingredient for creamed spinach, artichoke dip, baked goods and more.

## **Preparation Instructions For Food Safety And Quality**

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.