



Simplot Simple Goodness™
Chopped Spinach, IQF
 Cut Size: 1/2"
 Pack: 1/20lb
 SKU: 10071179916635

USDA National Child Nutrition Program Product Specification Sheet

Nutrition

Serving Size: 5.72 oz.

Calories: 50

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	160mg	7%
Total Carbohydrates	7g	3%
Dietary Fiber	4g	14%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	5g	
Vitamin D	0mcg	0%
Calcium	200mg	15%
Iron	2.7mg	15%
Potassium	560mg	10%
Vitamin A	340mcg	40%
Vitamin C	28mg	30%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

SPINACH.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 01/16/2024

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
5.72 oz.	½ cup cooked, drained vegetable	n/a	55.94

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Spinach, frozen Chopped, Includes USDA Foods (No salt added)	Dark Green	5.72	X	5.60 / 16	2.00

Each 5.72 ounce serving of the product above contains 1/2 cup Dark Green vegetable.

VEGETABLE / SPINACH, FROZEN: Packed to U.S. Grade A Standards*.

*Simplot internal grading program, modeled after USDA standards.

Product Specification

Country of Origin	Product of USA or Mexico
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Individually quick frozen for easy portioning
- 18% higher yield than wet pack
- Reduces costly labor—60% less prep time than wet pack, just heat and serve
- Good source of Vitamins A and C

Shipping Information

Gross Weight	21.5lb
Net Weight	20lb
Length	17.125 in
Width	10.375 in
Height	9.375 in
Case Cube	.964
Tie High	10X5
Shelf Life	720 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

Farm-fresh leaves ready to use in recipes or as a colorful side dish. With lower moisture than wetpack, a perfect ingredient for creamed spinach, artichoke dip, baked goods, quiche and more.

Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.