



Simplot Harvest Fresh™ Avocados  
**Avocado Pulp, Frozen**  
 Pack: 12/1lb  
 SKU: 10071179932260

## USDA National Child Nutrition Program Product Specification Sheet

### Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.14 oz.	¼ cup raw, mashed vegetable	5.09	61.14

### Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes, Whole	Other	3.14	X	5.10 / 16	2.00

**Each 3.14 ounce serving of the product above contains 1/4 cup Other vegetable.**

**AVOCADO / FROZEN PULP: High quality avocado pulp.**

### Product Specification

Country of Origin	Product of Mexico
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	Y
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

### Benefits

- Get consistent pricing, quality and availability all year
- Elevate your menu and check average
- High-Pressure Processed (HPP) for food safety without preservatives
- Say goodbye to labor and waste
- Vegan, Halal Certified, and Kosher

### Shipping Information

Gross Weight	14lb
Net Weight	12lb
Length	11.375 in
Width	8.875 in
Height	6.125 in
Case Cube	.358
Tie High	17X8
Shelf Life	540 days
Storage Temp From/To	-10°F / 10°F

### Nutrition

Serving Size: 3.14 oz.  
 Calories: 180

	Amount per serving	% Daily Values
Total Fat	18g	23%
Saturated Fat	3g	15%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrates	6g	2%
Dietary Fiber	5g	18%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.9mg	6%
Potassium	500mg	10%
Vitamin A	30mcg	4%
Vitamin C	7mg	8%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

### Ingredients

HASS AVOCADO.

**For questions, please contact the Bid Department at (800) 572-7783.**

I certify that the information provided is true and correct:

*Kelsey Farley*

Kelsey Farley  
 Regulatory Manager  
 04/12/2024

### Serving Suggestions

Popular across all dayparts as a topping or ingredient in salads, flatbreads, desserts, smoothies, sandwiches, burgers, condiments, Mexican dishes, cocktails, infused waters and more. Use as a replacement for butter and mayo to add the "super food" goodness your health-conscious customers love.

### Preparation Instructions For Food Safety And Quality

FOR BEST QUALITY, THAW UNOPENED BAG FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN A SINGLE LAYER. ONCE THAWED, OPEN REFRIGERATED PULP WITHIN 7 DAYS. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING AND STORE AT 40°F. ONCE THAWED, DO NOT REFREEZE.