



Simplot Simple Goodness™
 Spring Vegetable Blend
 Pack: 12/2lb
 SKU: 10071179984627

USDA National Child Nutrition Program Product Specification Sheet

Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.39 oz.	½ cup cooked, drained vegetable	9.43	113.27

Nutrition

Serving Size: 3.39 oz.
 Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	5g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.4mg	2%
Potassium	200mg	4%
Vitamin A	0mcg	0%
Vitamin C	23mg	25%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

Ingredients

BROCCOLI, CAULIFLOWER, ITALIAN GREEN BEANS, CARROTS, ZUCCHINI, YELLOW SQUASH, RED BELL PEPPER.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
 Regulatory Manager
 03/01/2023

Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Squash, summer, frozen Zucchini, Sliced	Other	0.4382	X	7.00 / 16	0.1917
Carrots, frozen Baby	Red/Orange	0.4382	X	10.90 / 16	0.2985
Cauliflower, frozen	Other	0.5085	X	9.20 / 16	0.2924
Beans, Green, Flat Italian, frozen Whole	Other	0.5034	X	9.30 / 16	0.2926
Broccoli, frozen Spears	Dark Green	1.0170	X	10.90 / 16	0.6928
Squash, summer, frozen Yellow, Sliced	Other	0.4102	X	7.90 / 16	0.2025
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.0746	X	7.30 / 16	0.0340

Each 3.39 ounce serving of the product above contains 1/8 cup Dark Green vegetable and 3/8 cup Other/Additional vegetable.

VEGETABLE / BLEND, FROZEN: Packed to U.S. Grade A Standards*. To contain 30% Broccoli, 15% Cauliflower, 15% Italian Beans, 13% Baby Whole Carrots, 13% Quartered Zucchini, 12% Quartered Yellow Squash, 2% Diced Red Pepper.

Product Specification

Country of Origin	Product of USA and Mexico
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	Y
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

Benefits

- Complex blend of broccoli, cauliflower, Italian green beans, carrots, zucchini, yellow squash and red pepper
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing
- Individually quick frozen for easy portioning

Shipping Information

Gross Weight	25.25lb
Net Weight	24lb
Length	16 in
Width	11.625 in
Height	10.375 in
Case Cube	1.117
Tie High	10X6
Shelf Life	730 days
Storage Temp From/To	-10°F / 10°F

Serving Suggestions

An eye-catching side or an excellent ingredient for soups, pastas and more.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 7 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 tbsp of water and cover. 3. Cook on HIGH for 15 minutes, stirring halfway through cook time.